



DANIEL MERZA

INSPIRING TENACITY, OPTIMISM & EMPOWERMENT

MAGNIFICENCE

5 COMPELLING REASONS

1.C.....	2.C.....	3.C.....
4. C.....	5. C.....	

5 TO THRIVE

1.....	2.....	3.....
4.	5.	

REFLECTION

1. WHAT DO I NEED TO STOP DOING IN THE FIRST HOUR OF THE MORNING?
2. WHAT DO I NEED TO START DOING?
3. WHAT SHOULD I NOT HAVE STOPPED DOING?
4. HOW WOULD MY LIFE BE IMPACTED IF I DID DO (DIDN'T DO) ALL THE THINGS MENTIONED IN Q2, Q3, AND Q4?
5. WHAT IS THE ONE THING I CAN DO DAILY OVER THE NEXT 7 DAYS TO ACHIEVE POSITIVE PROGRESS IN THIS SESSION'S FOCUS AREA?

"The secret of your future is hidden in your daily routine."

(Mike Murdoch)



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MY NOTES